



VOLUNTEER RECRUITMENT PACK



VOLUNTEER AT NAVIGATION HOUSE

Grow something good with us.

Love gardening? Love people? Want to make a difference?

At Navigation House, we believe everyone should have the opportunity to learn, connect, contribute and enjoy life.

We're looking for friendly, enthusiastic volunteers who would like to give some of their time and skills to support people with learning disabilities.

You might be someone who loves gardening, enjoys being outdoors, likes meeting new people, or simply wants to use your time to do something positive in your community. You don't have to be an expert. You just need to be willing to get involved.

Navigation House is part of Stepping Stones NI, a multi award winning charity supporting people with learning disabilities to thrive in life and work.

HELP US GROW

Our garden is more than just a garden. It's a place to learn new skills, spend time outdoors, build confidence, make friends and enjoy the satisfaction of seeing something grow.

We're looking for volunteers who can help us make the most of our outdoor spaces. You could help with:

- Planting flowers, vegetables, herbs and other plants
- Weeding, watering and caring for plants
- Preparing beds and containers
- Growing vegetables and herbs
- Creating welcoming and accessible garden spaces
- Seasonal gardening projects
- Keeping outdoor areas tidy and enjoyable
- Sharing your gardening knowledge and skills
- Supporting people to take part in gardening activities
- Helping us come up with new ideas for our garden

You don't need to know everything about gardening. If you have green fingers, a willingness to learn or simply enjoy being outdoors, we'd love to hear from you.

IT'S ABOUT PEOPLE TOO

Our volunteers aren't just helping with a garden, they're helping people. You'll have the opportunity to spend time with people with learning disabilities, encourage them to get involved and help them develop skills and confidence. That might mean:

- Having a chat over a cup of tea
- Encouraging someone to try something new
- Helping someone plant their first seed
- Supporting someone to learn a new skill
- Celebrating when something they've worked on starts to grow
- Getting involved in activities and projects together
- Listening, encouraging and being there
- Sharing your own interests and skills
- Sometimes, the smallest things can make the biggest difference.

WHAT KIND OF VOLUNTEER ARE WE LOOKING FOR?

You might be:

A gardening enthusiast

You know your roses from your radishes — or you're simply someone who enjoys getting your hands dirty!

A people person

You enjoy meeting others, having conversations and making people feel welcome.

A practical person

You like getting stuck in and seeing a job through.

A creative person

You have ideas for making our garden, activities or spaces even better.

A learner

You don't have gardening or support experience, but you're interested in developing new skills.

Someone who simply wants to help

You have some spare time and want to spend it doing something worthwhile.

There is no single type of Navigation House volunteer. We value what you can bring.



READY TO GROW WITH US?

If you have some time to spare, a skill to share or simply want to do something that matters, we'd love to hear from you.

Interested? Get in touch:

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